



## **ART Written Testimonials**

"In my 16 years of safety work, I've never seen a better program than ART for rapidly and effectively reducing work-related soft tissue injuries. Due to our on-site implementation of ART, our OSHA recordable injury rate is 66% lower than it was last year at this time with similar reductions in our worker's compensation costs expected. We've had ergonomics and workplace stretching programs in place at our facility for over a decade, but ART was the missing piece for effectively preventing and correcting strains and sprains before they need medical treatment. Our employees and management absolutely love this program. It's driving down costs and getting workers back to work faster and happier. I have never given a testimonial for a product or service before, but this was a joy to give. ART truly helps our workers and they greatly appreciate it. There is nothing better than having the president of your company recognize you for a job well done. Thank you, ART!"

**Craig Snyder, PE, CIH**  
**Safety Manager**  
**COBE Cardiovascular, Inc**  
**A Sorin Group Company**

"In 2004 I was invited to a short seminar put on by ART. I was so impressed with the program that I was eager to find out more about it. Dr. Michael Leahy and Tulio Pena showed me the many ways that Active Release Technique could benefit our company. I have certainly not been disappointed in what ART has to offer. ART has saved our company thousands of dollars in Workers Compensation Benefits and insurance premiums, which helped us to lower our experience modifier rate. Soft tissue injuries are sometimes complicated and hard to diagnose and approaching them by the conventional manner isn't always the best for our employees or for our company. Personally, I have used ART for some soft tissue problems in my right wrist and today I have no pain and better range of motion. I am a believer in ART and can say with confidence that this approach to soft tissue conditions is going to be in high demand in the near future."

**Bill Tuten, Safety Manager**  
**Berwick Electric Company**  
**Colorado Springs, CO**

"ART has been a win-win program for LPR and its employees. Employees can utilize ART to free themselves of aches and pains that the employee would usually just live with until medical attention is necessary. Now with ART, the employee gets immediate first aid attention and continues to work healthy and productively. I personally and other managers have had successful experiences with ART and will continue to spread the word of ART."

**Ed Valencia**  
**Director of Safety, Training & Quality**  
**LPR Construction Co**  
**1171 Des Moines Ave.**  
**Loveland, CO 80537**

“Tropicana Products in Bradenton, Florida has been utilizing the ART On-site Program for over 2 ½ years resulting in a drastic reduction in OSHA recordable injuries.

Having ART on-site allows for immediate soft tissue first aid care and increases the probability of complete resolution of the condition.

Overall medical costs for both work related and non-work related conditions have reduced significantly and we feel that this would not be possible without the ART program.”

**Cathy Toundas, RN, COHN/CM**  
**Tropicana Industrial Health Department**

“I feel the ART program is working extremely well and is definitely a benefit to our employees. The ART provider is very responsive to our employees needs and I have heard nothing but positive feedback from our employees.”

**John Balge**  
**Human Resource Manager**  
**Ball Corporation**

"Ball Corporation implemented ART at our facilities over two years ago with overwhelming success. The program has had a tremendous impact on our employees' wellness resulting in increased morale as well as significant savings in workers' compensation costs."

**Linda Colson**  
**Ball Corporation**

Employee Testimonial:

“This past year, I developed two minor work-related muscular discomforts. I wanted to express my appreciation to LPR Construction for offering employees the ART Program as a first aid and wellness program. Not only did my conditions improve rapidly, but the ART provider taught me about the importance of stretching before and throughout the day to prevent strains and overuse conditions. He showed me some real job specific stretches which I have made a part of my job and I feel much better at the end of each workday. Thank you, LPR Construction and ART.

**Jonathan Fountain**  
**LPR Construction**